From the Principal’s desk…

I trust all Fathers enjoyed their special day yesterday.

Last week, we successfully tested our Satellite phones across Eyre Peninsula as part of our preparation for the bushfire season as Spring is here. Today, I have a meeting with Rod Tiffen, our Facilities manager about how our school preparations are going and what tree trimming needs to be undertaken prior to the Bushfire Season. As well, over the next few weeks, I will be updating our Elliston Area School Emergency Management Plan.

As part of this process, we are entering all families' mobile phone numbers in to the school mobile phone. This will enable us to contact you all regarding any emergency situation if it arises. **Please contact the Front Office if you have a new mobile number or a second mobile phone that we don’t have the contact details for.**

Are your Bushfire ready at home? **Do you have a bushfire plan for your family?** We have copies of a guide for families at the Front Office which was developed by the Department for Education if you would like a copy.

This week is **Literacy and numeracy week — ‘Game Changers in engaging learners in literacy and Numeracy’** and we will be organising cross age activities later in the week.

Today we have Marni Enright, an Occupational Therapist working with staff and students and families.

The **Senior students will be catering at Three Lakes** on Wednesday for the Circuit Sheep sales as part of their fundraising for their Secondary Camp in Adelaide in Week 9.

In Weeks 8—10 students from Years 1—10 will be undertaking the annual **Pat R and Pat M tests**. This will provide us with some valuable data about student growth in their learning.

We have a wheelbarrow donated by Mitre 10 so if all families could please donate an item, be it food or anything really, to go into the wheelbarrow, it would be greatly appreciated. The wheelbarrow full of goodies will be the first prize in the Woolshow raffle.

There will be a **Cap performance ‘Moz’s Monster Music Mix’** at 9.30 am on Thursday, September 6th. Come along and join in the fun.

Next week’s **Governing Council meeting is postponed until Week 10—Tuesday, September 25th.**

Congratulations to the **Elliston Football A and B grade sides** that have made it into the Grand Final at Wirrulla next Saturday. Good luck.

**Enjoy the week**

**Cynthia**

**SPORTING SCHOOLS—Table Tennis**

Sporting schools, this Thursday 3:30-4:30 at school.

**OFFICE 365 LearnLink**

Can parents / caregivers please remember to return ‘the additional learnlink office 365’ forms. Please ensure the form is signed and returned so that your child/ren can have access to these office services.

**STUDENT REPRESENTATIVE COUNCIL**

**Week 7** - Pearson’s/ Flinders Dress up and team game on oval - Friday

**Week 8** - **Talent Show** - Tuesday
Secondary Leadership and Adventure Camp 2018 Fundraiser

Monday 10th of September 11am-1pm

We will come and collect your unwanted cans and bottles from your home or business. We are happy to sort, stack and clear away at your convenience. Please call or text Chad on 0488 546 188 if you have bottles at your place to be picked up. Simply leave them out the front and we will come by and collect.

Thank you from the Elliston Area School Secondary students
Your support is greatly appreciated.

ELLISTON RSL MEMORIAL CHILDREN’S CENTRE NEWS

- This week is Tuesday and Thursday.
- Happy Fathers Day for yesterday to all the dads, grandpa’s, father figures in their child’s world. What a beautiful day it was! Spring is now here!
- Teresa and Sonia travelled to Adelaide last Friday for a session at The Nest Early Years Centre. Thank you to both of them for giving up their weekend to attend a preschool at the forefront of education. I am excited to hear about their learning’s and compare notes from when I went there at the beginning of the year.
- Tomorrow morning, just before fruit Edwina is coming in to do some Maori songs and words with the children. And talk to us about New Zealand. Thank you Edwina for your time.
- Last week Parent Conferences began and will continue this week with all parents of the preschool children. Thank you for your time.
- Governing council meeting on this Wednesday at 9.30am. We will have a short meeting and then view the webinar below.

ELLISTON AREA SCHOOL

Annual Wool Show

MAJOR SPONSORS

Elders

White River Merino and Poll Merino
Collandra North Poll Merino Stud
Fairytale Weddings and Events
Elliston Hotel
Lincoln Surf

Extreme Kites and Paddles
Elliston Waterloo Bay Tourist Park

Participating Studs

Moorundie Park
Calcookara
Collandra
Orrie Cowie
East Bungaree
Greenfields
Glenville
Collandra North

SRC LUNCH ORDERS TERM 3

Pies—$3.50
Pasty—$3.50
Spinach and Fetta rolls—$3.00
Fruit Boxes—$2.00
Sausage rolls—$3.00
NEW...............Lasagne—$3.50

Please put your name, what you ordered and the correct money in a brown paper bag. Your order needs to be placed in the basket outside the Home Ec room on Wednesday morning.

Behaviours for Learning and Wellbeing

The fact that all behaviours have a purpose – they are a way that children communicate.
Understanding what your child’s behaviour is trying to tell you.
How external influences affect children’s behaviour.
How to help children develop behaviours that will help them learn and have a positive sense of wellbeing. These could include:
- confidence and resilience
- self awareness, self management and social awareness
- the ability to work through problems, deal with stress and
- form healthy relationships
- skills in managing their emotions.

Community members and all parents are invited to attend this webinar. Funding has been provided from a Parents In Education Grant.

- Playgroup on again this week at 10am. All Welcome!
Here’s to another fantastic week.
Regards Annie, Teresa, Julie, Larissa, Karen, Sonia

BULLYING

What is Bullying?
Bullying is deliberate. It is the desire to hurt, threaten or frighten someone. It can be with words or actions. It can be by one person or more, and can vary in the degree of severity. It can be a ‘one-off’ incident, but usually involves repeated actions by a child or children.

Some Strategies
- Let your child know that bullying is wrong.
- Take your child’s fears and feelings seriously.
- Reassure your child that being bullied is not his fault, and that something can be done about it.
- Let your child know that he is not the only one who is bullied. It happens to a lot of children, but it should be stopped.
- Help your child as far as possible to work out his own ways of dealing with the problem.
- Protect your child, involve the school or club or wherever it is happening. Don’t give up until it stops.
- Help your child to feel good about the other things in his life.

For more information:
Parenting SA: www.parenting.sa.gov.au
Kids Helpline: www.kidshelp.com.au or 1800551800
(Taken from the Parenting SA pamphlet on Safe Technology Use)
COMMUNITY NEWS

ECVIC—Elliston Community Visitor Info Centre
We have decided on the date for the October Markets. SATURDAY THE 6TH OF OCTOBER. Usual open time 10am-1pm and $15 stall holders fee. Please contact me if you are interested in booking a stall on 8687 9200
Thank you Ebony Feltus

ROOSTER NEWS

Congratulations to the A and B Grade football who are through to the grand final. Commiserations to the Colts, B & C Grade Netball. You have done us so proud by reaching the Prelim Final.....2019 is going to be your year.

A massive thank you to everyone who helped out on the weekend, it was a real community effort and one that you should all be proud of.

This weekend we are heading up to Wirrulla for the Grand Final a bit of a trek but we would love to see everyone come and join us up there to help barrack the footballers on. A sea of red & white would be awesome to see around the ground, so remember to wear your rooster colours.

B Grade kicks off @ 12.30pm
A Grade kicks off @ 2.30pm

Saturday night we have planned a simple and easy BBQ tea, which will be available at the Sports Centre from 7.30pm. Everyone welcome to come back and have an easy dinner and talk over the games.

Sunday we would love to see all players, supporters, sponsors, families at the Wind Up at Sailors Gully from 12 midday. Can every family provide a salad & a sweet, BYO chairs and drinks. This is the day to come together to celebrate the 2018 season.

As we have 2 grades in the grandy....this means we have 2 banners to make!!! Banner making will be this Thursday @ 4:30 at the sports centre. If anyone has any great ideas or expertise in this area, we would love to see you down there to help out.

Looking forward to seeing the convoy of cars heading to Wirrulla.

Go the roosters!
FIREY WORKSHOP
Women

A free bushfire safety workshop for women.
The workshop includes information and practical sessions in a fun and friendly environment.

Topics include:
• Understanding bushfires and warnings
• Deciding when to leave early or stay and defend
• Identifying hazards at your home
• Preparing yourself emotionally
• Operating fire pumps and equipment
• Preparing a Bushfire Survival Plan

When:
October 18th and 19th
8:30am-3:30pm

Where:
Elliston
Community Sports Complex

Further Details:
to register please contact:
Therese Pedler at the CFS on 86 212 421
or 0428 114 234 or 86 82 4266
Personal hygiene for children

2-minute read

Your child needs to keep themselves clean to remain healthy and to feel good about themselves. Good personal hygiene will help boost their self-esteem and confidence.

Teaching your child good hygiene habits

Everyone needs to keep clean to kill germs and avoid getting sick. Good personal hygiene also boosts confidence by dealing with problems like bad breath or body odour.

For children, the basics of good personal hygiene are:

- washing hands
- covering their mouth when they cough
- having regular baths or showers
- brushing and flossing teeth.

You may have to help your child practise good personal hygiene habits. These will become even more important as they grow older and approach puberty. Being able to talk openly and honestly about keeping clean will help you manage the more difficult personal hygiene issues that are likely to come up when they are teenagers.

Washing hands

Most germs are spread through hand contact. Regularly washing hands will prevent your child and others from getting sick.

Encourage your child to wash their hands with soap and water:

- when hands look dirty
- before eating or preparing food
- after touching raw meats, including chicken and beef
- after touching any body fluids like blood, urine or vomit
- after touching animals
- after blowing their nose, sneezing or coughing
- after going to the toilet.

Showering and bathing

Children need regular baths or showers. You could encourage a bath or shower at the end of the day as part of a bedtime routine.

Make sure your child washes all of their body, including under their arms and their genital and anal areas, and that their body is thoroughly dry before they get dressed.

Clothes and shoes

Children need fresh clothes every day, even if their old clothes don’t smell. Clean underwear every day is especially important.

You (or they, if they are old enough) can hang up their school uniform to air when they get home each day.

More information

Visit the Raising Children Network website for a graphic guide to good personal hygiene habits.

Sources:
Women's and Children's Health Network (Personal hygiene - taking care of your body), Raising Children (Hygiene for teenagers), Hand Hygiene Australia (Hand hygiene fact sheet), Raising Children (Daily personal hygiene in pictures), Kidspot (Personal hygiene for school aged children)